



Mustard Seed Children's Lesson Summary for October 31, 2010
Released on Wednesday, October 27, 2010

"God Is My Help"

Lesson Text: Psalm 63:1-11

Background Scripture: Psalm 63:1-11

Memory Verse: "O God, thou art my God; early will I seek thee" (Psalm 63:1).

Psalm 63

- 1** O God, thou art my God; early will I seek thee: my soul thirsteth for thee, my flesh longeth for thee in a dry and thirsty land, where no water is;
- 2** To see thy power and thy glory, so as I have seen thee in the sanctuary.
- 3** Because thy lovingkindness is better than life, my lips shall praise thee.
- 4** Thus will I bless thee while I live: I will lift up my hands in thy name.
- 5** My soul shall be satisfied as with marrow and fatness; and my mouth shall praise thee with joyful lips:
- 6** When I remember thee upon my bed, and meditate on thee in the night watches.
- 7** Because thou hast been my help, therefore in the shadow of thy wings will I rejoice.
- 8** My soul followeth hard after thee: thy right hand upholdeth me.
- 9** But those that seek my soul, to destroy it, shall go into the lower parts of the earth.
- 10** They shall fall by the sword: they shall be a portion for foxes.
- 11** But the king shall rejoice in God; every one that sweareth by him shall glory: but the mouth of them that speak lies shall be stopped.

TEACHER'S NOTES

In this lesson we see the value of God's presence in our lives. It is good to seek God early—that is, as a top priority. We should seek Him earnestly and diligently, like a very thirsty person searching for water. It is good to seek Him all our lives. God's presence is comforting and satisfying. God's presence is to be highly valued, desired, and prized, more than even life itself.

The psalmist (David again in this case) recognized the real help of God in his life. He therefore rejoiced, praised God, and continued to trust in Him. He made seeking God a real priority in his life. Is God not worthy of being our top priority?

THE OBJECT IN VIEW

Teach the children that God is more valuable than anything else; so we should seek Him with our whole heart.

TRUTHS TO STRESS

- 1.** God is more important than anything else.
- 2.** He wants us to seek Him with our whole heart.
- 3.** God is always with us; so He can always comfort and help us.

PLANNING VISUAL AIDS

For Telling the Lesson, cut a big number 1 out of bright cardboard. This will be used again as a pattern in Helping to Remember.

For Helping to Remember, bring construction paper, pencils, crayons or markers, and safety scissors (blunt tip).

Have a copy of the Word Search available for each student (located at the end of this lesson).

BEGINNING THE LESSON

Ken saw his mother making a list. "Are you making a grocery list, Mom?" he asked. "Can you get more juice?"

"I am not making a grocery list," Mom answered. "I am making a list of things I have to do today. I number them, with the most important at the top of my list. Then I will do them in the order of importance."

"Oh," said Ken. "Then the most important will get done first."

"That is exactly right," Mom said.

Our lives are filled with many important things. It is very important to know which are the most important things. It is especially important to know what is the most important thing of all.

TELLING THE LESSON

King David wrote Psalm 63, the psalm we will study today. David understood that God was to be number one in his life. (Teacher, show the number 1 you have prepared.) He said he would seek God "early" (v. 1). He might have meant early in life or early in the day or both. He would seek God first, before all other things.

He would seek God the way a very thirsty man seeks water. When you are very thirsty, getting a drink is just about the only thing you can think about. You do not

want to do anything else until you get a drink. David said he would seek God with all his heart. God was very important to him.

David had worshiped God in His tabernacle (place of worship). He knew how good it was to worship God. He wanted to see God's power and His glory again.

David loved God so much that God's loving-kindness seemed better to him than life itself. God's love was a great comfort to him when he was in trouble. He would praise God as long as he lived. He would lift up his hands to praise God. Praise felt good to him. He would praise God at night. If he had trouble going to sleep or if he woke up in the night, he would use that time to praise God. All of his time—day or night—would be time for praising.

David would praise God because He had helped him in so many ways. He was seeking God with his whole heart. He trusted that God's right hand was underneath him, holding him up.

Some might try to hurt him or to destroy him, but that did not matter. God would take care of them all.

David said the he ("the king") would rejoice in God: because even if other people tell lies about him, God would stop their lies. David's job was simply to trust God and to praise Him. That is our job too.

TELLING HOW TO LIVE

What is most important in your life? God wants to be the most important thing to you. He wants to be number one in your life. (Teacher, show the number 1 again.) He wants you to make every decision to show how much you love Him.

When something or someone is important to you, you give time to that thing or person. When something is important, you choose it first, over other things. When something is important, you enjoy it. God wants to be what you really love and enjoy. Will you praise Him this week? Will you make Him number one in your life?

HELPING TO REMEMBER

Let the children use the number 1 from the lesson as a pattern. Each child can trace around it on construction paper and then cut it out and color it. Ask the children who is supposed to be number one in their lives.

EXPLAINING THE MEMORY VERSE

"O God, thou art my God; early will I seek thee" (Psalm 63:1).

King David wrote this psalm. He said that God was his God. He had chosen God as the One he would worship, love, and obey. He would seek God early every morning so that every day he would be thinking about God and praising Him. It would be the first thing he did, before anything else. He would not wait till he was in some kind of trouble. He would seek God and His help all the time. God would be number one in his life. God wants you to love Him. He wants to be number one in your life too.

CONCLUSION

Guide children to be open and honest with God in prayer. They are dearly and deeply loved by the Lord, and He hears their cries.

PRAYER

Heavenly Father, we thank You because we can look to You for help whenever we need it. In Jesus' name. Amen.

ANTICIPATING THE NEXT LESSON

Next week's lesson "**God Is Awesome**" comes from Psalm 66:1-12. We will indeed see that God is so awesome that we should joyfully sing praises to Him.

LESSON SUMMARIZED BY

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The Pulpit Commentary, Spence-Jones, H. D. M. (Hrsg.), Bellingham, WA : Logos Research Systems, Inc.

The KJV Parallel Bible Commentary, by Nelson Books.

Holman Bible Dictionary, Holman Bible

WORD SEARCH

"God Is My Help" (Psalm 63:1-11)

Y S W O R D C E D M B D T B A
U R T R V E T L U O S E S B I
D E A R E A J Y L P K S R F C
W N Z U T T R O M V R T E A E
I N A I T O A S I G M R W S X
Y H D L L C E W N C J O O P D
F E G G M E N I J D E Y P I R
M L Y O K J K A O E R R I L Y
M P V Q D K S O S I C V E H X
T H I R S T Y S Z F C A V M H
T M B S O A P T E S I A R P G
U B O P L I E S E I T D S L N
J O P U K O X N Y T Q M K P Z
X E X B T V X X N A H F C S S
D D U M D H A A O S W E V P N

DESTROY

GOD

LAND

MEDITATE

PRAISE

SATISFIED

STOPPED

WATER

DRY

HELP

LIES

MOUTH

REJOICE

SEEK

SWORD

GLORY

KING

LIPS

POWER

SANCTUARY

SOUL

THIRSTY

22 words were placed into the puzzle.

WORD SEARCH SOLUTION

"God Is My Help" (Psalm 63:1-11)

Y S W O R D + E + + + D + + +
+ R + R + E T L U O S E + + +
D + A + E A J Y + + + S R + +
+ N + U T T R O + + + T E + +
+ + A I T O A S I G + R W S +
+ H D L L C E W N C + O O P D
+ E G G + E N I + D E Y P I R
M L + O K + K A + E + + + L Y
+ P + + D + S + S I + + + + +
T H I R S T Y + + F + + + + +
+ M + + O + + + E S I A R P +
+ + O P L I E S + I + + + + +
+ + P U + + + + + T + + + + +
+ E + + T + + + + A + + + + +
D + + + + H + + + S + + + + +

(Over, Down, Direction)

DESTROY (12, 1, S)
DRY (15, 6, S)
GLORY (4, 7, NE)
GOD (3, 7, SE)
HELP (2, 6, S)
KING (7, 8, NE)
LAND (4, 6, NW)
LIES (5, 12, E)
LIPS (14, 8, N)
MEDITATE (1, 8, NE)
MOUTH (2, 11, SE)
POWER (13, 7, N)
PRAISE (14, 11, W)
REJOICE (5, 1, SE)
SANCTUARY (9, 9, NW)
SATISFIED (10, 15, N)
SEEK (8, 5, SW)
SOUL (11, 2, W)
STOPPED (7, 9, SW)
SWORD (2, 1, E)
THIRSTY (1, 10, E)
WATER (8, 6, NW)